






HCA LUNCH | SEPTEMBER 2024



K: 10:55-11:20 | 1st: 11:00-11:25 | 2nd: 11:05-11:30 | 3rd: 11:30-11:55 | 4th: 11:35-12:00 | 5th: 11:40-12:05

High School: 12:10-12:40 | Middle School: 1:00-1:25

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 HAPPY LABOR DAY No School/Lunch	3 Chicken Nuggets mashed potatoes, country gravy, carrot sticks, salad, dinner roll	4 Beef Hamburger Bag of Chips Lettuce/Salad Tomatoes, Pickles, carrots	5 A la Carte Lunch: Dominos Pizza chips, fruit, rice krispie treat, salad, carrots	6 Chicken & Veggie Ramen Stir Fry baked eggrolls, salad, carrots, fruit	7
8	9 BBQ Chicken Baked Potatoes Roasted Garlic Veggies, carrot sticks, salad, fruit	10 Chicken Nuggets mashed potatoes, country gravy, carrot sticks, salad, dinner roll	11 Beef Hamburger Bag of Chips Lettuce/Salad Tomatoes, Pickles, carrots	12 A la Carte Lunch: Dominos Pizza chips, fruit, rice krispie treat, salad, carrots	13 Alfredo Grilled Chicken + Broccoli Pasta toasted garlic bread, parmesan cheese, salad, ranch	14
15	16 Breakfast 4 Lunch: sausage, biscuits, banana, yogurt, salad, carrots	17 Chicken Nuggets mashed potatoes, country gravy, carrot sticks, salad, dinner roll	18 Beef Hamburger Bag of Chips Lettuce/Salad Tomatoes, Pickles, carrots	19  A la Carte Lunch: Dominos Pizza chips, fruit, r. krispie treat, salad, carrots Picture Day!	20 Goulash (beef veggie pasta bake) toasted garlic bread, fruit, salad, carrots	21
22	23 Parent-Teacher conferences  No School/Lunch	24 Parent-Teacher conferences  No School/Lunch	25 Beef Hamburger Bag of Chips Lettuce/Salad Tomatoes, Pickles, carrots	26 A la Carte Lunch: Dominos Pizza chips, fruit, rice krispie treat, salad, carrots	27 Grilled Chicken (gluten-friendly) Buttered Rice Ranch Style Beans carrots, salad, fruit	28
29	30 Tortellini, sausage, & veggies w/creamy alfredo garlic bread, salad, carrots, fruit	Deuteronomy 8:3 "Man does not live by bread alone, but by every word that comes from the mouth of the Lord."				