



HCA LUNCH | AUGUST 2022

Elementary: 12-12:30 | Middle School: 12:50-1:25 | High School 11:20-11:50



SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
			Charcuterie Boxes: crackers carrots cheddar cheese deli ham	2 Slices Dominos Pizza side salad ranch dressing	Charcuterie Boxes: crackers carrots cheddar cheese deli ham	
21	22	23	24	25	26	27
	Ham + Cheese Sliders bag of chips lettuce, tomatoes pickles	Beef + Cheese Taco or Nachos tortilla chips carrots ranch	Charcuterie Boxes: crackers carrots cheddar cheese deli ham	Pizza Meatballs green beans hawaiian roll	Charcuterie Boxes: crackers carrots cheddar cheese deli ham	
28	29	30	31	1 Corinthians 10:31 "So whether you eat or drink or whatever you do, do it all for the glory of God."		
	Chicken Strips cucumbers hummus cup mandarin oranges hawaiian roll	Rosa's Bean Burrito tortilla chips carrots ranch	Charcuterie Boxes: crackers carrots cheddar cheese deli ham			



HCA LUNCH | SEPTEMBER 2022

Elementary: 12-12:30 | Middle School: 12:50-1:25 | High School 11:20-11:50






SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
	Deuteronomy 8:3 "Man does not live by bread alone, but by every word that comes from the mouth of the Lord."					
4	5 HAPPY LABOR DAY No School/Lunch	6 Chicken & Cheese Taquitos side salad ranch mandarin oranges	7 Charcuterie Boxes: crackers carrots cheddar cheese deli ham	8 Pizza Meatballs green beans hawaiian roll	9 Charcuterie Boxes: crackers carrots cheddar cheese deli ham	10
11	12 Chicken Strips cucumbers hummus cup mandarin oranges hawaiian roll	13 Rosa's Bean Burrito tortilla chips carrots ranch	14 Charcuterie Boxes: crackers carrots cheddar cheese deli ham	15 2 Slices Dominos Pizza bag of chips applesauce	16 Charcuterie Boxes: crackers carrots cheddar cheese deli ham	17
18	19 2 Slices Dominos Pizza bag of chips applesauce	20 Beef + Cheese Taco or Nachos tortilla chips carrots ranch	21 Charcuterie Boxes: crackers carrots cheddar cheese deli ham	22 Pizza Meatballs green beans hawaiian roll	23 Charcuterie Boxes: crackers carrots cheddar cheese deli ham	24
25	26 Chicken Strips cucumbers hummus cup mandarin oranges hawaiian roll	27 Parent-Teacher conferences No School/Lunch	28 Parent-Teacher conferences No School/Lunch	29 2 Slices Dominos Pizza side salad ranch dressing	30 Charcuterie Boxes: crackers carrots cheddar cheese deli ham	



HCA LUNCH | OCTOBER 2022



Elementary: 12-12:30 | Middle School: 12:50-1:25 | High School 11:20-11:50






SUN	MON	TUE	WED	THU	FRI	SAT
25	<div>1 Corinthians 10:31 "So whether you eat or drink or whatever you do, do it all for the glory of God."</div>					30
2	Beef Hamburger tomato, pickles, lettuce/salad mandarin oranges	Fish Sticks cucumbers + ranch dressing mac & cheese	Sub Sandwich deli ham, lettuce, tomato, cheese bag of chips mandarin oranges	Pizza Meatballs green beans hawaiian roll	Charcuterie Boxes: crackers carrots cheddar cheese deli ham	8
9	Cheese Tortellini marinara sauce salad with ranch garlic bread	Corn Dog pretzels fruit mozzarella stick	Sub Sandwich deli ham, lettuce, tomato, and cheese bag of chips mandarin oranges	 Early Release: No Lunch	 No School/Lunch	15
16	 No School/Lunch	Chicken Strips carrots/celery sticks hummus dinner roll	Sub Sandwich deli ham, lettuce, tomato, and cheese bag of chips mandarin oranges	Pizza Meatballs green beans hawaiian roll	Charcuterie Boxes: crackers carrots cheddar cheese deli ham	22
23	Breakfast 4 Lunch! biscuits Lit'l Smokies yogurt + fruit	Beef + Cheese Taco or Nachos tortilla chips carrots ranch	Sub Sandwich deli ham, lettuce, tomato, and cheese bag of chips mandarin oranges	2 Slices Dominos Pizza bag of chips applesauce	Charcuterie Boxes: crackers carrots cheddar cheese deli ham	29
30	Fish Sticks cucumbers + ranch dressing mac & cheese	1	2	3	4	5



HCA LUNCH | NOVEMBER 2022



Elementary: 12-12:30 | Middle School: 12:50-1:25 | High School 11:20-11:50


SUN	MON	TUE	WED	THU	FRI	SAT
30	31	1 Breakfast 4 Lunch Breakfast sausage, biscuit, banana, mozzarella cheese stick	2 Sub Sandwich deli ham, lettuce, tomato, and cheese bag of chips mandarin oranges	3 2 Slices Dominos Pizza bag of chips applesauce	4 Build-your-own- pizza box: pepperoni, mozzarella, marinara, pita bread, carrots	5
6	7 Beef Hamburger tomato, pickles, lettuce/salad mandarin oranges	8 Chicken Strips carrots/celery sticks hummus dinner roll	9 Build-your-own- pizza box: pepperoni, mozzarella, marinara, pita bread, carrots	10 2 Slices Dominos Pizza bag of chips applesauce	11 Sub Sandwich deli ham, lettuce, tomato, and cheese bag of chips mandarin oranges	12
13	14 Frito Chili Pie: beef chili, corn chips, cheddar cheese, sour cream, green onion, carrots and ranch	15 Chili Dogs/Hot Dogs baked french fries, apple slices	16 Build-your-own- pizza box: pepperoni, mozzarella, marinara, pita bread, carrots	17 Pizza Meatballs green beans dinner roll	18 Tortellini Caprese Pasta Salad cheese tortellini, tomatoes, mozzarella, basil pesto + fruit cup	19
20	21 	22 	23 	24 	25 	26
	No School/Lunch	No School/Lunch	No School/Lunch	No School/Lunch	No School/Lunch	
27	28 Chicken Tortilla Soup: chicken breast, corn, beans, tomatoes, green chilis, cheddar, sour cream, tortilla chips	29 Pasta + Beef Marinara toasted garlic bread, parmesan cheese, salad, ranch	30 Sub Sandwich deli ham, lettuce, tomato, and cheese bag of chips mandarin oranges	1 2 Slices Dominos Pizza bag of chips applesauce	2 Basic Chicken Salad chicken breast, chia seeds, almond slivers tossed in aioli. Crackers and apple slices on side	3



HCA LUNCH | JANUARY 2023



Elementary: 12-12:30 | Middle School: 12:50-1:25 | High School 11:20-11:50

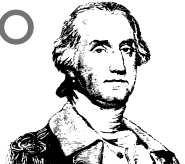
SUN	MON	TUE	WED	THU	FRI	SAT
1 	2  Christmas Break No School	3	4 Tortellini Alfredo salad ranch dressing garlic bread	5 2 Slices Dominos Pizza bag of chips fruit	6 Turkey Club Wrap deli turkey, lettuce, bacon, and cheddar bag of chips fruit cup	7
8	9 Beef Hamburger tomato, pickles, lettuce/salad fruit	10 Chicken Strips country gravy carrot sticks dinner roll	11 Turkey Club Wraps deli turkey, lettuce, bacon, and cheddar bag of chips fruit cup	12 2 Slices Dominos Pizza bag of chips fruit	13 Build-your-own- pizza box: pepperoni, mozzarella, marinara, pita bread, carrots + fruit cup	14
15	16  MLK Day No School	17 Crispy Chicken Sandwich lettuce tomatoes pickles baked french fries fruit cup	18 Chicken Caesar Wrap grilled chicken, lettuce, bacon, parmesan, caesar on the side bag of chips fruit cup	19 2 Slices Dominos Pizza bag of chips fruit	20 Nachos box: Tortilla chips, nacho cheese, beef taco meat, carrots + fruit cup. jalapenos on side	21
22	23 Chicken Tortilla Soup: chicken breast, corn, beans, tomatoes, green chilis, cheddar, sour cream, tortilla chips	24 Pizza Meatballs green beans dinner roll	25 Sub Sandwich deli ham, lettuce, tomato, and cheese bag of chips mandarin oranges	26 2 Slices Dominos Pizza bag of chips fruit	27 Build-your-own- pizza box: pepperoni, mozzarella, marinara, pita bread, carrots + fruit cup	28
29	30 Beef + Cheese Taco or Nachos tortilla chips carrots ranch	31 BBQ Meatballs baked beans salad dinner roll				



HCA LUNCH | FEBRUARY 2023



Elementary: 12-12:30 | Middle School: 12:50-1:25 | High School 11:20-11:50






SUN	MON	TUE	WED	THU	FRI	SAT
			1 Chicken Caesar Wrap grilled chicken, lettuce, bacon, parmesan, caesar on the side bag of chips fruit cup	2 2 Slices Dominos Pizza bag of chips fruit	3 Build-your-own-pizza box: pepperoni, mozzarella, marinara, pita bread, carrots + fruit cup	4
5	6 Beef Hamburger tomato, pickles, lettuce/salad fruit	7 Chicken Strips country gravy carrot sticks dinner roll	8 Ham + Cheese Sliders bag of chips lettuce, tomatoes pickles	9 Breakfast 4 Lunch Breakfast sausage, biscuit, banana, mozzarella cheese stick	10 Nachos box: Tortilla chips, nacho cheese, beef taco meat, carrots + fruit cup. jalapenos on side	11
12	13 Tortellini Alfredo salad ranch dressing garlic bread	14 2 Taquitos salad refried beans cheese	15 Turkey Club Wraps deli turkey, lettuce, bacon, and cheddar bag of chips fruit cup	16 Pizza Meatballs green beans dinner roll	17 Build-your-own-pizza box: pepperoni, mozzarella, marinara, pita bread, carrots + fruit cup	18
19	20  President's Day No School	21 BBQ Meatballs baked beans salad dinner roll	22 Sub Sandwich deli ham, lettuce, tomato, and cheese bag of chips mandarin oranges	23 2 Slices Dominos Pizza bag of chips fruit	24 Build-your-own-pizza box: pepperoni, mozzarella, marinara, pita bread, carrots + fruit cup	25
26	27 Crispy Chicken Sandwich lettuce tomatoes pickles baked french fries fruit cup	28 Pasta + Beef Marinara toasted garlic bread, parmesan cheese, salad, ranch	<div>Matthew 6:11 "Give us today our daily bread."</div>			



HCA LUNCH | MARCH 2023



Elementary: 12-12:30 | Middle School: 12:50-1:25 | High School 11:20-11:50




SUN	MON	TUE	WED	THU	FRI	SAT
<p>"Do not work for food that spoils, but for food that endures to eternal life, which the Son of Man will give you." John 6:27</p>			1 Grilled Chicken Wrap grilled chicken, lettuce, bacon, cheese bag of chips fruit cup	2 2 Slices Dominos Pizza bag of chips fruit	3 Sub Sandwich deli ham, lettuce, tomato, and cheese bag of chips mandarin oranges	4
5	6 Beef Hamburger tomato, pickles, lettuce/salad fruit	7 Chicken Strips country gravy carrot sticks dinner roll	8 Ham + Cheese Sliders bag of chips lettuce, tomatoes pickles	9 2 Slices Dominos Pizza bag of chips fruit	10 Nachos box: Tortilla chips, nacho cheese, beef taco meat, carrots + fruit cup. jalapenos on side	11
12	13 	14 	15 	16 	17 	18
Happy Spring Break! NO SCHOOL!						
19	20 Frito Chili Pie: beef chili, corn chips, cheddar cheese sour cream carrots + ranch	21 Beef + Cheese Burrito or Nachos tortilla chips carrots ranch	22 Sub Sandwich deli ham, lettuce, tomato, and cheese bag of chips mandarin oranges	23 2 Slices Dominos Pizza bag of chips fruit	24 Grilled Chicken Wrap grilled chicken, lettuce, bacon, cheese bag of chips fruit cup	25
26	27 Pizza Meatballs green beans dinner roll	28 Chicken Strips carrots/celery sticks hummus dinner roll	29 Ham + Cheese Sliders bag of chips lettuce, tomatoes pickles	30 2 Slices Dominos Pizza bag of chips fruit	31 Nachos box: Tortilla chips, nacho cheese, beef taco meat, carrots + fruit cup. jalapenos on side	



HCA LUNCH | APRIL 2023




Elementary: 12-12:30 | Middle School: 12:50-1:25 | High School 11:20-11:50

SUN	MON	TUE	WED	THU	FRI	SAT
"My food," said Jesus, "is to do the will of him who sent me and to finish his work. John 4:34"						1
2	3 Beef Hamburger tomato, pickles, lettuce/salad fruit	4 Cheese Tortellini alfredo marinara sauce, toasted garlic bread, parmesan cheese, salad, ranch	5 Crispy Chicken Sandwich lettuce tomatoes pickles baked french fries fruit cup	6 Early Release @12pm	7  Easter Holiday	8 
9  Easter Holiday! He is Risen!!!	10	11 Chicken Strips carrots/celery sticks hummus dinner roll fruit of choice	12 Crispy Chicken Sandwich lettuce tomatoes pickles baked french fries fruit cup	13 2 Slices Dominos Pizza bag of chips fruit	14 Nachos box: Tortilla chips, nacho cheese, beef taco meat, carrots + fruit cup. jalapenos on side	15
16	17 2 Taquitos salad refried beans cheese	18 Pizza Meatballs green beans dinner roll	19 Crispy Chicken Sandwich lettuce tomatoes pickles baked french fries fruit cup	20 2 Slices Dominos Pizza bag of chips fruit	21 Sub Sandwich deli ham, lettuce, tomato, and cheese bag of chips fruit of choice	22
23	24 Beef Hamburger tomato, pickles, lettuce/salad fruit	25 BBQ Meatballs baked beans salad dinner roll	26 Crispy Chicken Sandwich lettuce tomatoes pickles baked french fries fruit cup	27 2 Slices Dominos Pizza bag of chips fruit	28 Charcuterie Boxes: crackers, carrots cheddar cheese deli ham, side of fruit	29



HCA LUNCH | MAY 2023

Elementary: 12-12:30 | Middle School: 12:50-1:25 | High School 11:20-11:50

SUN	MON	TUE	WED	THU	FRI	SAT
	1 Chicken Tortilla Soup: chicken breast, corn, beans, tomatoes, green chilis, cheddar, sour cream, tortilla chips	2 Chicken & Cheese Enchiladas, buttered corn, salad	3 Bean & Cheese Burrito bag of chips, fruit of choice	4 2 Slices Dominos Pizza bag of chips fruit	5 Nachos Box: Tortilla chips, nacho cheese, beef taco meat, carrots + fruit cup. jalapenos available on side	6
7	8 Frito Chili Pie: beef chili, corn chips, cheddar cheese, sour cream, green onion, carrots and ranch	9 Cheese Tortellini alfredo marinara sauce, toasted garlic bread, parmesan cheese, salad, ranch	10 Hot Dog bag of chips, choice of fruit	11 2 Slices Dominos Pizza bag of chips fruit	12 Crispy Chicken Sandwich lettuce, tomato, pickles, jalapenos fruit cup choice of chips	13
14	15 Beef Hamburger Baked Potato Fries Lettuce/Salad Tomatoes Pickles Condiments	16 Pizza Meatballs green beans dinner roll	17 Ham & Cheese Sliders, bag of chips, lettuce, tomatoes, pickles	18 2 Slices Dominos Pizza bag of chips fruit	19 Early Release @12pm Last Day Field Day!	20 
21	22	23	24	25	26	27
28	29	30	31	"For he satisfies the thirsty and fills the hungry with good things." Psalm 107:9		



HCA LUNCH | AUGUST 2023

K-2nd: 11-11:30 | 3rd-5th: 11:35-12:05 | Middle School: 1-1:35 | High School: 12:10-12:40




SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
1 Corinthians 10:31 "So whether you eat or drink or whatever you do, do it all for the glory of God."						
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
		 Chicken Strips country gravy carrot sticks dinner roll	Beef Hamburger Baked Potato Fries Lettuce/Salad Tomatoes Pickles	Chicken & Cheese Enchiladas, buttered corn, salad	 HCA Providing Free Pizza!	
27	28	29	30	31	1	
	Frito Chili Pie: beef chili, corn chips, cheddar cheese, sour cream, green onion, carrots and ranch	Chicken Strips country gravy carrot sticks dinner roll	A La Carte Lunch: Dominos Pizza bag of chips fruit National College Spirit Day	Pizza Meatballs green beans dinner roll	Beef + Cheese Burrito or Nachos tortilla chips carrots ranch	



HCA LUNCH | AUGUST 2023

K-2nd: 11-11:30 | 3rd-5th: 11:35-12:05 | Middle School: 1-1:35 | High School: 12:10-12:40



SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
STAFF LUNCHES PER DAY						
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
		Chicken Strips Leah Butler Noah Belveal	Beef Hamburger Leah Butler Noah Belveal	Chicken & Cheese Enchiladas Leah Butler Noah Belveal Kristy Dixon	 HCA Providing Free Pizza!	
27	28	29	30	31	1	
	Frito Chili Pie: Leah Butler	Chicken Strips Noah Belveal Leah Butler	A La Carte Pizza: Leah Butler - 2 pep + fruit and chips National College Spirit Day	Pizza Meatballs Noah Belveal Leah Butler	Beef + Cheese Burrito or Nachos Noah Belveal Leah Butler	



HCA LUNCH | SEPTEMBER 2023

K-2nd: 11-11:30 | 3rd-5th: 11:35-12:05 | Middle School: 1-1:35 | High School: 12:10-12:40







SUN	MON	TUE	WED	THU	FRI	SAT
STAFF LUNCHES PER DAY						
					1 Beef + Cheese Burrito or Nachos Noah Belveal Leah Butler	2
3	4 HAPPY LABOR DAY No School/Lunch	5 Crispy Chicken Sandwich Noah Belveal Leah Butler	6 A La Carte Pizza: Leah Butler - 2 pep + fruit and chips	7 Chicken & Cheese Enchiladas Noah Belveal Leah Butler	8 Beef Hamburger Noah Belveal Leah Butler K-5 National Teddy Bear Day	9
10	11 National Patriot Day Cheese Tortellini Leah Butler	12 Chicken Strips Noah Belveal Leah Butler	13 A La Carte Pizza: Leah Butler - 2 pep + fruit and chips	14 Pizza Meatballs Noah Belveal Leah Butler	15 Beef + Cheese Burrito or Nachos Noah Belveal Leah Butler	16
Happy Homecoming Week! Let's Go, Saints!!						
17	18 Frito Chili Pie: Leah Butler	19 Chili Dogs/Hot Dogs Noah Belveal Leah Butler	20 A La Carte Pizza: Leah Butler - 2 pep + fruit and chips K-12 Picture Day!	21 Sub Sandwich	22 Crispy Chicken Sandwich Noah Belveal Leah Butler	23
24	25 Pasta + Beef Marinara Leah Butler	26 Parent-Teacher conferences No School/Lunch	27 Parent-Teacher conferences No School/Lunch	28 Pizza Meatballs Noah Belveal Leah Butler	29 Beef + Cheese Burrito or Nachos Noah Belveal Leah Butler	30



HCA LUNCH | OCTOBER 2023



K-2nd: 11-11:30 | 3rd-5th: 11:35-12:05 | Middle School: 1-1:35 | High School: 12:10-12:40





SUN	MON	TUE	WED	THU	FRI	SAT
1	2 Cheese Tortellini alfredo marinara sauce, toasted garlic bread, parmesan cheese, salad, ranch	3 Grilled Chicken (gluten-friendly) Buttered Rice Ranch Style Beans	4 A La Carte Lunch: Dominos Pizza bag of chips fruit	5 Taco Bowls (gluten-friendly) tortilla chips & ground beef with optional toppings	6 Beef Hamburger Baked Potato Fries Lettuce/Salad Tomatoes Pickles	7
8	9 Frito Chili Pie (gluten-friendly): beef chili, corn chips, cheddar cheese, sour cream, green onion, carrots and ranch	10 Chicken Strips country gravy carrot sticks dinner roll	11 A La Carte Lunch: Dominos Pizza bag of chips fruit	12 Early Dismissal Grandparents' Day Happy Fall Break! No School/Lunch	13 	14 
15  Happy Fall Break!	16 	17 Crispy Chicken Sandwich lettuce tomatoes pickles baked french fries fruit cup	18 A La Carte Lunch: Dominos Pizza bag of chips fruit	19 BBQ Meatballs (gluten-friendly) baked beans salad dinner roll	20 Hamburger Steaks Salisbury Gravy Mashed Potatoes Salad dinner roll	21
22	23 Breakfast 4 Lunch: sausage, biscuits, banana, Go-gurt yogurt tube	24 Chicken Strips country gravy carrot sticks mashed potatoes	25 A La Carte Lunch: Dominos Pizza bag of chips fruit	26 Pizza Meatballs (gluten-friendly) green beans dinner roll	27 Beef + Cheese Burrito or Nachos (nachos = gluten- friendly) tortilla chips carrots, ranch	28
29	30 Alfredo Chicken Lasagna Garlic Bread Salad	31 Chicken Tortilla Soup (gluten-friendly): chicken breast, corn, beans, tomatoes, green chilis, cheddar, sour cream, tortilla chips	"For He satisfies the thirsty and fills the hungry with good things." Psalm 107:9			



HCA LUNCH | OCTOBER 2023



K-2nd: 11-11:30 | 3rd-5th: 11:35-12:05 | Middle School: 1-1:35 | High School: 12:10-12:40

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 Cheese Tortellini Noah Belveal Leah Butler	3 Grilled Chicken (gluten-friendly) Noah Belveal Leah Butler	4 A La Carte Lunch: Leah Butler	5 Taco Bowls (gluten-friendly) Noah Belveal Leah Butler	6 Beef Hamburger Noah Belveal Leah Butler	7
8	9 Frito Chili Pie (gluten-friendly): Noah Belveal Leah Butler	10 Chicken Strips Noah Belveal Leah Butler	11 A La Carte Lunch: Noah Belveal Leah Butler	12 Early Dismissal Grandparents' Day <div>Happy Fall Break!</div> <div>No School/Lunch</div>	13 	14 
15  <div>Happy Fall Break!</div>	16 	17 Crispy Chicken Sandwich Noah Belveal Leah Butler	18 A La Carte Lunch: Noah Belveal Leah Butler	19 BBQ Meatballs (gluten-friendly) Noah Belveal Leah Butler	20 Hamburger Steaks Noah Belveal Leah Butler	21
22	23 Breakfast 4 Lunch: Noah Belveal Leah Butler	24 Chicken Strips Noah Belveal Leah Butler	25 A La Carte Lunch: Noah Belveal Leah Butler	26 Pizza Meatballs (gluten-friendly) Noah Belveal Leah Butler	27 Beef + Cheese Burrito or Nachos Noah Belveal Leah Butler	28
29	30 Alfredo Chicken Lasagna Noah Belveal Leah Butler	31 Chicken Tortilla Soup (gluten-friendly): Noah Belveal Leah Butler	STAFF LUNCHES PER DAY			



HCA LUNCH | NOVEMBER 2023

K-2nd: 11-11:30 | 3rd-5th: 11:35-12:05 | Middle School: 1-1:35 | High School: 12:10-12:40



SUN	MON	TUE	WED	THU	FRI	SAT
1 Corinthians 10:31 "So whether you eat or drink or whatever you do, do it all for the glory of God."			1 A La Carte Lunch: Dominos Pizza bag of chips fruit	2 Grilled Chicken (gluten-friendly) Buttered Rice Ranch Style Beans	3 Nathan's GF All-Beef Hot Dogs bag of chips, choice of fruit, Optional toppings: onions, jalapeños, relish, condiments Gluten-Free Option!	4
5	6 Pasta + Beef Marinara dinner roll, parmesan cheese, salad, ranch	7 Chicken Strips (gluten-free option) country gravy carrot sticks mashed potatoes	8 A La Carte Lunch: Dominos Pizza bag of chips fruit	9 Pizza Meatballs (gluten-friendly) green beans dinner roll	10 Beef + Cheese Burrito or Nachos (nachos = gluten-friendly) tortilla chips carrots, ranch	11
12	13 Cheese Tortellini alfredo marinara sauce, toasted garlic bread, parmesan cheese, salad, ranch	14 Crispy Chicken Sandwich lettuce tomatoes pickles baked french fries fruit cup	15 A La Carte Lunch: Dominos Pizza bag of chips fruit	16 Chicken & Cheese Enchiladas (gluten-friendly), buttered corn, salad	17 Thanksgiving Feast! Turkey, mashed potatoes, gravy, stuffing, cranberry sauce, mac & cheese, green beans, rolls	18
19	20	21	22	23	24	25
Happy Thanksgiving Week!						No School / Lunch
26	27 Pasta + Beef Marinara toasted garlic bread, parmesan cheese, salad, ranch	28 Chicken Strips (gluten-free option) country gravy carrot sticks mashed potatoes	29 A La Carte Lunch: Dominos Pizza bag of chips fruit	30 Grilled Chicken (gluten-friendly) Buttered Rice Ranch Style Beans	1 Dec. Beef Hamburger Baked Potato Fries Lettuce/Salad Tomatoes Pickles Gluten-Free Option!	



HCA LUNCH | DECEMBER 2023



K-2nd: 11-11:30 | 3rd-5th: 11:35-12:05 | Middle School: 1-1:35 | High School: 12:10-12:40



SUN	MON	TUE	WED	THU	FRI	SAT
John 1:14 And the Word became flesh & dwelt among us, & we beheld His glory, the glory as of the only begotten of the Father, full of grace & truth.					1 Beef Hamburger Baked Potato Fries Lettuce/Salad Tomatoes Pickles Gluten-Free Option!	2
3	4 Frito Chili Pie: beef chili, corn chips, cheddar cheese sour cream carrots + ranch	5 Chicken Strips country gravy carrot sticks dinner roll	6 2 Slices Dominos Pizza bag of chips applesauce	7	8	9
10	11 Tortellini Alfredo salad ranch dressing garlic bread	12 Crispy Chicken Sandwich lettuce tomatoes pickles baked french fries fruit cup	13 2 Slices Dominos Pizza bag of chips applesauce	14	15	16
17	18	19	20	21	22 Early Release No Lunch	23
24/31 Merry CHRISTMAS	25 No School/Lunch	26 No School/Lunch	27 No School/Lunch	28 No School/Lunch	29 No School/Lunch	30



HCA LUNCH | JANUARY 2024

K-2nd: 11-11:30 | 3rd-5th: 11:35-12:05 | Middle School: 1-1:35 | High School: 12:10-12:40



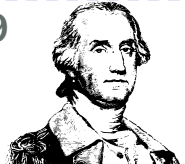
SUN	MON	TUE	WED	THU	FRI	SAT
	1  Christmas Break No School	2	3	4 2 Slices Dominos Pizza bag of chips applesauce	5 Beef + Cheese Burrito or Nachos (nachos = gluten-friendly) tortilla chips carrots, ranch	6
7	8 Pasta + Beef Marinara toasted garlic bread, parmesan cheese, salad, ranch	9 @Keller Campus Bring Sack Lunch	10 2 Slices Dominos Pizza bag of chips applesauce	11 Sub Sandwich deli ham, lettuce, tomato, and cheese bag of chips fruit of choice	12 Beef Hamburger Baked Potato Fries Lettuce/Salad Tomatoes Pickles Gluten-Free Option!	13
14	15  MLK Day No School	16 Chicken Strips country gravy carrot sticks mashed potatoes	17 2 Slices Dominos Pizza bag of chips applesauce	18 Pizza Meatballs (gluten-friendly) green beans dinner roll	19 Beef + Cheese Burrito or Nachos (nachos = gluten-friendly) tortilla chips carrots, ranch	20
21	22 Frito Chili Pie: beef chili, corn chips, cheddar cheese sour cream carrots + ranch	23 Crispy Chicken Sandwich lettuce tomatoes pickles baked french fries fruit cup	24 2 Slices Dominos Pizza bag of chips applesauce	25 Chicken & Cheese Enchiladas (gluten-friendly), buttered corn, salad	26 Beef Hamburger Baked Potato Fries Lettuce/Salad Tomatoes Pickles Gluten-Free Option!	27
28	29 Pasta + Beef Marinara toasted garlic bread, parmesan cheese, salad, ranch	30 Chicken Strips country gravy carrot sticks mashed potatoes	31 2 Slices Dominos Pizza bag of chips applesauce	John 1:14 And the Word became flesh & dwelt among us, & we beheld His glory, the glory as of the only begotten of the Father, full of grace & truth.		



HCA LUNCH | FEBRUARY 2024

K-2nd: 11-11:30 | 3rd-5th: 11:35-12:05 | Middle School: 1-1:35 | High School: 12:10-12:40



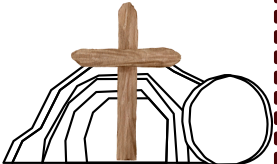



















SUN	MON	TUE	WED	THU	FRI	SAT
Matthew 6:11 “Give us today our daily bread.”				1 Grilled Chicken (gluten-friendly) Buttered Rice Ranch Style Beans	2 Nathan's GF All-Beef Chili Dogs bag of chips, choice of fruit, Optional toppings: onions, jalapeños, relish, condiments Gluten-Free Option!	3
4	5 Alfredo Chicken Lasagna Garlic Bread Salad	6 Crispy Chicken Sandwich lettuce tomatoes pickles baked french fries fruit cup	7 A la Cart Options: Dominos Pizza bag of chips applesauce	8 Chicken & Cheese Enchiladas (gluten-friendly), buttered corn, salad	9 Beef Hamburger Baked Potato Fries Lettuce/Salad Tomatoes Pickles Gluten-Free Option!	10
11	12 Breakfast 4 Lunch: sausage, biscuits, banana, Go-gurt yogurt tube	13 Chicken Strips country gravy carrot sticks mashed potatoes	14 A la Cart Options: Dominos Pizza bag of chips applesauce	15 Pizza Meatballs (gluten-friendly) green beans dinner roll	16 Beef + Cheese Burrito or Nachos (nachos = gluten-friendly) tortilla chips carrots, ranch	17
18	19  President's Day No School	20 Crispy Chicken Sandwich lettuce tomatoes pickles baked french fries fruit cup	21 A la Cart Options: Dominos Pizza bag of chips applesauce	22 Grilled Chicken (gluten-friendly) Buttered Rice Ranch Style Beans	23 Beef Hamburger Baked Potato Fries Lettuce/Salad Tomatoes Pickles Gluten-Free Option!	24
25	26 Frito Chili Pie (gluten-friendly): beef chili, corn chips, cheddar cheese, sour cream, green onion, carrots and ranch	27 Chicken Strips country gravy carrot sticks mashed potatoes	28 A la Cart Options: Dominos Pizza bag of chips applesauce	29 BBQ Meatballs (gluten-friendly) baked beans salad dinner roll	1 Bean & Cheese Burrito bag of chips, fruit of choice	



HCA LUNCH | APRIL 2024

K-2nd: 11-11:30 | 3rd-5th: 11:35-12:05 | Middle School: 1-1:35 | High School: 12:10-12:40




SUN	MON	TUE	WED	THU	FRI	SAT
 Easter Holiday He Is Risen!	1 	2 Crispy Chicken Sandwich lettuce tomatoes pickles baked french fries fruit cup, salad, carrots	3  A la Carte Lunch: Dominos Pizza chips, fruit salad, carrots	4  Charcuterie Boxes: crackers, cheddar, turkey, & Specialty Rice Krispie Treat. fruit, salad, + carrots	5  Sub Sandwiches: deli ham lettuce tomato cheese bag of chips fruit salad carrots	6
7	8  Breakfast 4 Lunch: sausage, biscuits, banana, Go-gurt yogurt tube salad, carrots	9  Chicken Strips country gravy carrot sticks mashed potatoes salad, carrots	10  A la Carte Lunch: Dominos Pizza chips, fruit salad, carrots	11  Grilled Chicken Parmesan Buttered Green Beans Garlic Bread Salad, Carrots	12  Nachos box: Tortilla chips, nacho cheese, beef taco meat, carrots + fruit cup, jalapenos on side	13
14	15  Chicken Tortilla Soup: chicken breast, corn, beans, tomatoes, green chilis, cheddar, sour cream, tortilla chips	16  Chicken Strips country gravy carrot sticks mashed potatoes salad, carrots	17  A la Carte Lunch: Dominos Pizza chips, fruit salad, carrots	18  Chicken & Cheese Enchiladas (gluten-friendly), buttered corn, salad	19  Beef Hamburger Baked Potato Fries Lettuce Tomatoes Pickles salad carrots	20
21	22  Pasta + Beef Marinara toasted garlic bread, parmesan cheese, salad, ranch	23  Chicken Strips country gravy carrot sticks mashed potatoes salad, carrots	24  A la Carte Lunch: Dominos Pizza chips, fruit salad, carrots	25  Grilled Chicken (gluten-friendly) Buttered Rice Ranch Style Beans	26  Nathan's GF All-Beef Chili Dogs bag of chips, choice of fruit, Optional toppings: onions, jalapeños, relish, condiments	27
28	29 Cheese Tortellini alfredo marinara sauce, toasted garlic bread, parmesan cheese, salad, ranch	30 Crispy Chicken Sandwich lettuce tomatoes pickles baked french fries fruit cup, salad, carrots	<div>"My food," said Jesus, "is to do the will of him who sent me and to finish his work. John 4:34"</div>			



HCA LUNCH | MAY 2024

K-2nd: 11-11:30 | 3rd-5th: 11:35-12:05 | Middle School: 1-1:35 | High School: 12:10-12:40


SUN	MON	TUE	WED	THU	FRI	SAT
	Cheese Tortellini alfredo marinara sauce, toasted garlic bread, parmesan cheese, salad, ranch	Crispy Chicken Sandwich lettuce tomatoes pickles baked french fries fruit cup, salad, carrots	1 A la Carte Lunch: Dominos Pizza chips, fruit salad, carrots	2 Chicken & Cheese Enchiladas (gluten-friendly), buttered corn, salad	3 Beef Hamburger Baked Potato Fries Lettuce Tomatoes Pickles salad carrots	4
5	6 Breakfast 4 Lunch: sausage, biscuits, banana, Go-gurt yogurt tube salad, carrots	7 Chicken Strips country gravy carrot sticks mashed potatoes salad, carrots	8 A la Carte Lunch: Dominos Pizza chips, fruit salad, carrots	9 Pizza Meatballs (gluten-friendly) green beans dinner roll	10 Beef + Cheese Burrito or Nachos (nachos = gluten-friendly) tortilla chips carrots, ranch	11
12	13 Pasta + Beef Marinara toasted garlic bread, parmesan cheese, salad, ranch	14 Crispy Chicken Sandwich lettuce tomatoes pickles baked french fries fruit cup, salad, carrots	15 A la Carte Lunch: Dominos Pizza chips, fruit salad, carrots	16 Beef Hamburger Baked Potato Fries Lettuce Tomatoes Pickles salad carrots	17 Early Release @12pm Last Day Field Day!	18 
19	20	21	22	23	24	25
26	27	28	29	30	31	
			"For he satisfies the thirsty and fills the hungry with good things." Psalm 107:9			



HCA LUNCH | AUGUST 2023

K-2nd: 11-11:30 | 3rd-5th: 11:35-12:05 | Middle School: 1-1:35 | High School: 12:10-12:40



SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
STAFF LUNCHES PER DAY						
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
		Chicken Strips Leah Butler Noah Belveal	Beef Hamburger Leah Butler Noah Belveal	Chicken & Cheese Enchiladas Leah Butler Noah Belveal Kristy Dixon	 HCA Providing Free Pizza!	
27	28	29	30	31	1	
	Frito Chili Pie: Leah Butler	Chicken Strips Noah Belveal Leah Butler	A La Carte Pizza: Leah Butler - 2 pep + fruit and chips National College Spirit Day	Pizza Meatballs Noah Belveal Leah Butler	Beef + Cheese Burrito or Nachos Noah Belveal Leah Butler	



HCA LUNCH | AUGUST 2024



K: 10:55-11:20 | 1st: 11:00-11:25 | 2nd: 11:05-11:30 | 3rd: 11:30-11:55 | 4th: 11:35-12:00 | 5th: 11:40-12:05
High School: 12:10-12:40 | Middle School: 1:00-1:25

SUN	MON	TUE	WED	THU	FRI	SAT
1 Corinthians 10:31 "So whether you eat or drink or whatever you do, do it all for the glory of God."				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31






HCA LUNCH | SEPTEMBER 2024



K: 10:55-11:20 | 1st: 11:00-11:25 | 2nd: 11:05-11:30 | 3rd: 11:30-11:55 | 4th: 11:35-12:00 | 5th: 11:40-12:05

High School: 12:10-12:40 | Middle School: 1:00-1:25

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 HAPPY LABOR DAY No School/Lunch	3 Chicken Nuggets mashed potatoes, country gravy, carrot sticks, salad, dinner roll	4 Beef Hamburger Bag of Chips Lettuce/Salad Tomatoes, Pickles, carrots	5 A la Carte Lunch: Dominos Pizza chips, fruit, rice krispie treat, salad, carrots	6 Chicken & Veggie Ramen Stir Fry baked eggrolls, salad, carrots, fruit	7
8	9 BBQ Chicken Baked Potatoes Roasted Garlic Veggies, carrot sticks, salad, fruit	10 Chicken Nuggets mashed potatoes, country gravy, carrot sticks, salad, dinner roll	11 Beef Hamburger Bag of Chips Lettuce/Salad Tomatoes, Pickles, carrots	12 A la Carte Lunch: Dominos Pizza chips, fruit, rice krispie treat, salad, carrots	13 Alfredo Grilled Chicken + Broccoli Pasta toasted garlic bread, parmesan cheese, salad, ranch	14
15	16 Breakfast 4 Lunch: sausage, biscuits, banana, yogurt, salad, carrots	17 Chicken Nuggets mashed potatoes, country gravy, carrot sticks, salad, dinner roll	18 Beef Hamburger Bag of Chips Lettuce/Salad Tomatoes, Pickles, carrots	19  A la Carte Lunch: Dominos Pizza chips, fruit, r. krispie treat, salad, carrots Picture Day!	20 Goulash (beef veggie pasta bake) toasted garlic bread, fruit, salad, carrots	21
22	23 Parent-Teacher conferences  No School/Lunch	24 Parent-Teacher conferences  No School/Lunch	25 Beef Hamburger Bag of Chips Lettuce/Salad Tomatoes, Pickles, carrots	26 A la Carte Lunch: Dominos Pizza chips, fruit, rice krispie treat, salad, carrots	27 Grilled Chicken (gluten-friendly) Buttered Rice Ranch Style Beans carrots, salad, fruit	28
29	30 Tortellini, sausage, & veggies w/creamy alfredo garlic bread, salad, carrots, fruit	Deuteronomy 8:3 "Man does not live by bread alone, but by every word that comes from the mouth of the Lord."				









HCA LUNCH | OCTOBER 2024



K: 10:55-11:20 | 1st: 11:00-11:25 | 2nd: 11:05-11:30 | 3rd: 11:30-11:55 | 4th: 11:35-12:00 | 5th: 11:40-12:05

High School: 12:10-12:40 | Middle School: 1:00-1:25

SUN	MON	TUE	WED	THU	FRI	SAT
"For He satisfies the thirsty and fills the hungry with good things." Psalm 107:9		1 Chicken Nuggets mashed potatoes, country gravy, carrot sticks, salad, dinner roll	2 Beef Hamburger Bag of Chips Lettuce/Salad Tomatoes, Pickles, carrots	3 A la Carte Lunch: Dominos Pizza chips, fruit, rice krispie treat, salad, carrots	4 Chicken & Cheese Enchiladas (gluten-friendly), buttered corn, salad	5
6	7 BBQ Meatballs (gluten-friendly) baked beans salad dinner roll	8 Chicken Nuggets mashed potatoes, country gravy, carrot sticks, salad, dinner roll	9 Beef Hamburger Bag of Chips Lettuce/Salad Tomatoes, Pickles, carrots	10 A la Carte Lunch: Dominos Pizza chips, fruit, rice krispie treat, salad, carrots	11 Early Release Today! No Lunch on Campus Happy Fall Break!	12 
13 	14 	15 	16 	17  A la Carte Lunch: Dominos Pizza chips, fruit, r. krispie treat, salad, carrots Picture Retake Day!	18 Chicken Strips mashed potatoes, country gravy, carrot sticks, salad, dinner roll	19
Happy Fall Break!						
20	21 Breakfast 4 Lunch: sausage, biscuits, banana, Go-gurt yogurt tube salad, carrots	22 Chicken Nuggets mashed potatoes, country gravy, carrot sticks, salad, dinner roll	23 Beef Hamburger Bag of Chips Lettuce/Salad Tomatoes, Pickles, Jr/Sr Retreat Off-Campus	24 A la Carte Lunch: Dominos Pizza chips, fruit, rice krispie treat, salad,	25 Hawaiian BBQ Meatballs, garlic roasted veggies, salad, Hawaiian roll	26
27	28 Bean & Cheese Burrito chips, salad, carrots, fruit	29 Chicken Nuggets mashed potatoes, country gravy, carrot sticks, salad, K/1st Field Trip	30 Beef Hamburger Bag of Chips Lettuce/Salad Tomatoes, Pickles, carrots	31 A la Carte Lunch: Dominos Pizza chips, fruit, rice krispie treat, salad, carrots	1 Bring a Sack Lunch! Harvest Fest!	


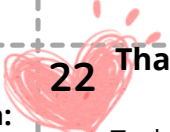
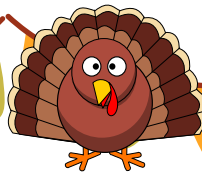


HCA LUNCH | NOVEMBER 2024



K: 10:55-11:20 | 1st: 11:00-11:25 | 2nd: 11:05-11:30 | 3rd: 11:30-11:55 | 4th: 11:35-12:00 | 5th: 11:40-12:05

High School: 12:10-12:40 | Middle School: 1:00-1:25

SUN	MON	TUE	WED	THU	FRI	SAT
	"For He satisfies the thirsty and fills the hungry with good things." Psalm 107:9					1 Bring a Sack Lunch!
					2 Harvest Fest!	3
3	4 Frito Chili Pie: beef chili, corn chips, cheddar cheese sour cream carrots + ranch	5  Election Day!	6 Beef Hamburger Bag of Chips Lettuce/Salad Tomatoes, Pickles, carrots	7 A la Carte Lunch: Dominos Pizza chips, fruit, rice krispie treat, salad, carrots	8 Pink Sauce Tortellini caprese salad, garlic bread, fruit, salad, carrots	9
	6th Grade Retreat!					
10	11 Breakfast 4 Lunch: sausage, biscuits, banana, Go-gurt yogurt tube salad, carrots	12 Chicken Nuggets mashed potatoes, country gravy, carrot sticks, salad, dinner roll	13 Beef Hamburger Bag of Chips Lettuce/Salad Tomatoes, Pickles, carrots	14 A la Carte Lunch: Dominos Pizza chips, fruit, rice krispie treat, salad, carrots	15 Chicken Pot Pie Casserole fruit, salad, carrots	16
17	18 Shredded BBQ Chicken Sandwich baked beans salad, carrots, fruit	19 Chicken Nuggets mashed potatoes, country gravy, carrot sticks, salad, dinner roll	20 Beef Hamburger Bag of Chips Lettuce/Salad Tomatoes, Pickles, carrots	21 A la Carte Lunch: Dominos Pizza chips, fruit, rice krispie treat, salad, carrots	22  Thanksgiving Feast! Turkey, mashed potatoes, gravy, stuffing, cranberry sauce, buttered corn, dinner roll	23
24	25	26	27	28 	29 Families, join us!	30
Happy Thanksgiving Week!					No School / Lunch	



HCA LUNCH | DECEMBER 2024

K: 10:55-11:20 | 1st: 11:00-11:25 | 2nd: 11:05-11:30 | 3rd: 11:30-11:55 | 4th: 11:35-12:00 | 5th: 11:40-12:05

High School: 12:10-12:40 | Middle School: 1:00-1:25

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 Crispy Chicken Sandwich lettuce tomatoes pickles chips, fruit, salad, carrots	3 Chicken Strips mashed potatoes, country gravy, carrot sticks, salad, dinner roll	4 Beef Hamburger Bag of Chips Lettuce/Salad Tomatoes, Pickles, carrots	5 A la Carte Lunch: Dominos Pizza chips, fruit, rice krispie treat, salad, carrots	6 Beef Pasta Bake toasted garlic bread, parmesan cheese, salad, carrots 2nd/3rd Grade Field Trip	7
8	9 Hawaiian BBQ Meatballs garlic roasted veggies, salad, Hawaiian roll	10 Chicken Nuggets mashed potatoes, country gravy, carrot sticks, salad, dinner roll	11 Beef Hamburger Bag of Chips Lettuce/Salad Tomatoes, Pickles, carrots	12 A la Carte Lunch: Dominos Pizza chips, fruit, rice krispie treat, salad, carrots	13 Frito Chili Pie: beef chili, corn chips, cheddar cheese sour cream carrots + ranch	14
15	16 Pizza Meatballs (gluten-friendly) green beans, salad, carrots, dinner roll	17 Chicken Strips mashed potatoes, country gravy, carrot sticks, salad, dinner roll	18 Beef Hamburger Chips, Lettuce/Salad, Tomatoes, Pickles, carrots 1/2 Day for Secondary!	19 Happy Christmas Early Release No Lunch	20 No School/Lunch	21
22	23 No School/Lunch	24 No School/Lunch	25 No School/Lunch	26 No School/Lunch	27 No School/Lunch	28
29	30 No School/Lunch	31 No School/Lunch	John 1:14 And the Word became flesh & dwelt among us, & we beheld His glory, the glory as of the only begotten of the Father, full of grace & truth.			



HCA LUNCH | JANUARY 2025

K: 10:55-11:20 | 1st: 11:00-11:25 | 2nd: 11:05-11:30 | 3rd: 11:30-11:55 | 4th: 11:35-12:00 | 5th: 11:40-12:05
High School: 12:10-12:40 | Middle School: 1:00-1:25



SUN	MON	TUE	WED	THU	FRI	SAT
John 1:14 And the Word became flesh & dwelt among us, & we beheld His glory, the glory as of the only begotten of the Father, full of grace & truth.			1	2	3	4
Christmas Break No School			Christmas Break No School			
5	6	7	8	9	10	11
Christmas Break No School			Beef Hamburger Chips, Lettuce/Salad, Tomatoes, Pickles, carrots	A la Carte Lunch: Dominos Pizza chips, fruit, rice krispie treat, salad, carrots	Grilled Chicken Parmesan Buttered Green Beans Garlic Bread Salad, Carrots	
12	13	14	15	16	17	18
	Breakfast 4 Lunch: sausage, biscuits, banana, Go-gurt yogurt tube salad, carrots	Chicken Nuggets mashed potatoes, country gravy, carrot sticks, salad, dinner roll	Beef Hamburger Chips, Lettuce/Salad, Tomatoes, Pickles, carrots	A la Carte Lunch: Dominos Pizza chips, fruit, rice krispie treat, salad, carrots	Sloppy Joe Sandwiches chips, fruit, fresh veggies, salad	
19	20	21	22	23	24	25
	 MLK Day No School	Chicken Nuggets mashed potatoes, country gravy, carrot sticks, salad, dinner roll	Beef Hamburger Chips, Lettuce/Salad, Tomatoes, Pickles, carrots	A la Carte Lunch: Dominos Pizza chips, fruit, rice krispie treat, salad, carrots	Crispy Chicken Sandwich lettuce, tomatoes, pickles, chips, fruit, salad, carrots	
26	27	28	29	30	31	
	Hot Ham & Cheese Hoagies pasta salad, fruit, salad, carrots	Chicken Nuggets mashed potatoes, country gravy, carrot sticks, salad, dinner roll	Beef Hamburger Chips, Lettuce/Salad, Tomatoes, Pickles, carrots	A la Carte Lunch: Dominos Pizza chips, fruit, rice krispie treat, salad, carrots	Chicken & Veggie Stuffing Casserole roasted zucchini, salad, carrots, fruit	

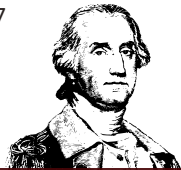


HCA LUNCH | FEBRUARY 2024

K: 10:55-11:20 | 1st: 11:00-11:25 | 2nd: 11:05-11:30 | 3rd: 11:30-11:55 | 4th: 11:35-12:00 | 5th: 11:40-12:05

High School: 12:10-12:40 | Middle School: 1:00-1:25



SUN	MON	TUE	WED	THU	FRI	SAT
Matthew 6:11 "Give us today our daily bread."						1
2	3 Bean & Cheese Burrito chips, salad, carrots, fruit	4 Caprese Chicken Pasta Salad fruit, veggies	5 Chicken & Cheese Enchiladas (gluten-friendly) buttered corn, salad	6 A la Carte Lunch: Dominos Pizza chips, fruit, rice krispie treat, salad, carrots	7 Chicken Tortilla Soup: chicken breast, corn, beans, tomatoes, green chilis, cheddar, sour cream, tortilla chips 11th Grade Field Trip	8
9	10 Grilled Chicken Parmesan Buttered Green Beans Garlic Bread Salad, Carrots	11 Chicken Nuggets mashed potatoes, country gravy, carrot sticks, salad, dinner roll	12 Beef Hamburger Chips, Lettuce/Salad, Tomatoes, Pickles, carrots	13 A la Carte Lunch: Dominos Pizza chips, fruit, rice krispie treat, salad, carrots	14 Protein Pancakes Strawberries, Whipped Cream, Sausage, Yogurt	15
16	17  President's Day No School	18 Chicken Nuggets mashed potatoes, country gravy, carrot sticks, salad, dinner roll	19 Beef Hamburger Chips, Lettuce/Salad, Tomatoes, Pickles, carrots	20 A la Carte Lunch: Dominos Pizza chips, fruit, rice krispie treat, salad, carrots	21 Shredded BBQ Chicken Sandwich baked beans salad, carrots, fruit	22
23	24 Beef + Cheese Burrito or Nachos (nachos = gluten-friendly) tortilla chips salad, carrots, ranch	25 Chicken Nuggets mashed potatoes, country gravy, carrot sticks, salad, dinner roll	26 Beef Hamburger Chips, Lettuce/Salad, Tomatoes, Pickles, carrots	27 A la Carte Lunch: Dominos Pizza chips, fruit, rice krispie treat, salad, carrots	28 Pizza Meatballs (gluten-friendly) green beans, salad, carrots, dinner roll	



HCA LUNCH | MARCH 2025



K: 10:55-11:20 | 1st: 11:00-11:25 | 2nd: 11:05-11:30 | 3rd: 11:30-11:55 | 4th: 11:35-12:00 | 5th: 11:40-12:05

High School: 12:10-12:40 | Middle School: 1:00-1:25

SUN

MON

TUE

WED

THU

FRI

SAT

2



9

3

Charcuterie Boxes:
crackers, cheddar,
turkey, & Specialty
Rice Krispie Treat.
fruit, salad, + carrots



4

**Pink Sauce
Tortellini**
caprese salad, garlic
bread, fruit,
salad, carrots



5

Beef Hamburger
Chips, Lettuce/Salad,
Tomatoes, Pickles,
carrots



6

A la Carte Lunch:
Dominos Pizza
chips, fruit, rice
krispie treat, salad,
carrots



7

**Crispy Chicken
Sandwich**
lettuce, tomatoes,
pickles, chips, fruit,
salad, carrots



8



Happy Spring Break! NO SCHOOL!

16

17

**Cheesy Baked
Potato Soup**
Grilled Chicken
Cheesy Garlic Bread,
fruit, salad, veggies

18

Chicken Strips
mashed potatoes,
country gravy,
carrot sticks, salad,
dinner roll

19

Beef Hamburger
Chips, Lettuce/Salad,
Tomatoes, Pickles,
carrots

20

A la Carte Lunch:
Dominos Pizza
chips, fruit, rice
krispie treat, salad,
carrots

21

**Hot Ham & Cheese
Hoagies**
pasta salad, fruit,
salad, carrots

22

23

24

Beef Pasta Bake
toasted garlic bread,
parmesan cheese,
salad, carrots

25

Chicken Nuggets
mashed potatoes,
country gravy,
carrot sticks, salad,
dinner roll

26

Beef Hamburger
Chips, Lettuce/Salad,
Tomatoes, Pickles,
carrots

27

A la Carte Lunch:
Dominos Pizza
chips, fruit, rice
krispie treat, salad,
carrots

28

**Bone Broth Chicken
Noodle Soup**
dinner roll, salad,
fruit, veggies

29

30

31

**Pizza Meatballs
(gluten-friendly)**
green beans, salad,
carrots, dinner roll

"Do not work for food that spoils, but for food that endures to eternal life, which the Son of Man will give you." John 6:27




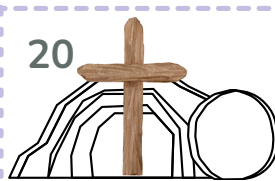



HCA LUNCH | APRIL 2025



K: 10:55-11:20 | 1st: 11:00-11:25 | 2nd: 11:05-11:30 | 3rd: 11:30-11:55 | 4th: 11:35-12:00 | 5th: 11:40-12:05

High School: 12:10-12:40 | Middle School: 1:00-1:25





SUN	MON	TUE	WED	THU	FRI	SAT
	31 Pizza Meatballs (gluten-friendly) green beans, salad, carrots, dinner roll	1 Chicken Strips mashed potatoes, country gravy, carrot sticks, salad, dinner roll	2 Beef Hamburger Chips, Lettuce/Salad, Tomatoes, Pickles, carrots	3 A la Carte Lunch: Dominos Pizza chips, fruit, rice krispie treat, salad, carrots Dinner Theatre @ HCA!	4 Nathan's GF All-Beef Chili Dogs bag of chips, fruit, Optional toppings: onions, jalapeños, relish, condiments	5  Athletics Gala
6	7 Hawaiian BBQ Meatballs garlic roasted veggies, salad, Hawaiian roll	8 Chicken Nuggets mashed potatoes, country gravy, carrot sticks, salad, dinner roll 1st Grade Field Trip	9 Beef Hamburger Chips, Lettuce/Salad, Tomatoes, Pickles, carrots	10 A la Carte Lunch: Dominos Pizza chips, fruit, rice krispie treat, salad, carrots 4th Grade Austin/S.A. Field Trip	11 Protein Pancakes Strawberries, Whipped Cream, Sausage, Yogurt	12
13	14 Cornbread Beef Taco Bake (GF) refried beans, tomato, guac, sour cream, salad, carrots, fruit	15 Chicken Strips mashed potatoes, country gravy, carrot sticks, salad, dinner roll	16 Beef Hamburger Chips, Lettuce/Salad, Tomatoes, Pickles, carrots	17 No Lunch: Early Release @12pm Grandparents Day!	18  Easter Holiday He Is Risen!	19 
20  Easter Holiday He Is Risen!	21 	22 Chicken Nuggets mashed potatoes, country gravy, carrot sticks, salad, dinner roll	23 Beef Hamburger Chips, Lettuce/Salad, Tomatoes, Pickles, carrots	24 A la Carte Lunch: Dominos Pizza chips, fruit, rice krispie treat, salad, carrots	25 Pizza Meatballs (gluten-friendly) green beans, salad, carrots, dinner roll	26
27	28 Shredded BBQ Chicken Sandwich baked beans salad, carrots, fruit	29 Chicken Strips mashed potatoes, country gravy, carrot sticks, salad, dinner roll	30 Beef Hamburger Chips, Lettuce/Salad, Tomatoes, Pickles, carrots	"My food," said Jesus, "is to do the will of him who sent me and to finish his work. John 4:34"		



HCA LUNCH | MAY 2025



K: 10:55-11:20 | 1st: 11:00-11:25 | 2nd: 11:05-11:30 | 3rd: 11:30-11:55 | 4th: 11:35-12:00 | 5th: 11:40-12:05
High School: 12:10-12:40 | Middle School: 1:00-1:25

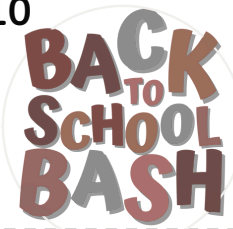



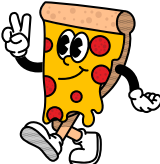

SUN	MON	TUE	WED	THU	FRI	SAT
	28 Shredded BBQ Chicken Sandwich baked beans salad, carrots, fruit	29 Chicken Strips mashed potatoes, country gravy, carrot sticks, salad, dinner roll 10th Grade Field Trip	30  Beef Hamburger Chips, Lettuce/Salad, Tomatoes, Pickles, carrots Spring Sports Pics	1 A la Carte Lunch: Dominos Pizza chips, fruit, rice krispie treat, salad, carrots	2 Pink Sauce Tortellini caprese salad, garlic bread, fruit, salad, carrots 5th grade off-campus	3
4 	5 Nathan's GF All-Beef Chili Dogs bag of chips, choice of fruit, Optional toppings: onions, jalapeños, relish, condiments	6 Chicken Nuggets mashed potatoes, country gravy, carrot sticks, salad, dinner roll	7 9th Grade Preview Beef Hamburger Chips, Lettuce/Salad, Tomatoes, Pickles, carrots	8 A la Carte Lunch: Dominos Pizza chips, fruit, rice krispie treat, salad, carrots Senior Finals + Senior Early Release Days	9 5th Grade Luncheon Hot Ham & Cheese Hoagies pasta salad, fruit, salad, carrots	10 
Teacher Appreciation Week!						
11	12 Protein Pancakes Strawberries, Whipped Cream, Sausage, Yogurt	13 Chicken Strips mashed potatoes, country gravy, carrot sticks, salad, dinner roll	14 Beef Hamburger Chips, Lettuce/Salad, Tomatoes, Pickles, carrots Secondary Finals/Early Release Days	15 A la Carte Lunch: Dominos Pizza chips, fruit, rice krispie treat, salad, carrots	16 Early Release @12pm Last Day Field Day!	17  Seniors Graduation!
18	19	20	21	22	23	24
25	26	27	28	29	30	31
	Happy Summer!		"For he satisfies the thirsty and fills the hungry with good things." Psalm 107:9			



HCA LUNCH | AUGUST 2025



K: 10:50-11:15 | 1st: 10:55-11:20 | 2nd: 11:00-11:25 | 3rd: 11:35-11:50 | 4th: 11:30-11:55 | 5th: 11:35-12:00
High School: 12:10-12:35 | Middle School: 12:35-1:00 (Wednesdays Only, MS+HS Lunch: 12:10-12:45)

SUN	MON	TUE	WED	THU	FRI	SAT
1 Corinthians 10:31 "So whether you eat or drink or whatever you do, do it all for the glory of God."					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
	 Pre-K-K Meet the Teacher! New MS/HS Bootcamp	 Teacher Work Day	 Chicken Nuggets mashed potatoes, country gravy, carrot sticks, salad, dinner roll	Beef Hamburger Bag of Chips Lettuce/Salad Tomatoes, Pickles, carrots	 Shield Day: HCA Providing Free Pizza!	
17	18	19	20	21	22	23
	Pizza Meatballs (gluten-friendly) green beans, salad, carrots, dinner roll	Chicken Strips mashed potatoes, country gravy, carrot sticks, salad, dinner roll, fruit	Beef Hamburger Bag of Chips, Carrots, Fruit, Salad	 Hot Ham & Cheese Hoagies pasta salad, fruit, salad, carrots Fall Athletics Photos	A la Carte Lunch: Dominos Pizza, Snack Bar Items, fruit, salad, carrots	
24	25	26	27	28	29	30
	Baked Spaghetti toasted garlic bread, salad, carrots, fruit	Chicken Nuggets mashed potatoes, country gravy, carrot sticks, salad, dinner roll, fruit	Beef Hamburger Bag of Chips, Carrots, Fruit, Salad	Protein Pancakes Strawberries, Whipped Cream, Sausage, Yogurt, salad, carrots	A la Carte Lunch: Dominos Pizza, Snack Bar Items, fruit, salad, carrots	



HCA LUNCH | SEPTEMBER 2025



K: 10:50-11:15 | 1st: 10:55-11:20 | 2nd: 11:00-11:25 | 3rd: 11:35-11:50 | 4th: 11:30-11:55 | 5th: 11:35-12:00
High School: 12:10-12:35 | Middle School: 12:35-1:00 (Wednesdays Only, MS+HS Lunch: 12:10-12:45)














SUN	MON	TUE	WED	THU	FRI	SAT
	1 HAPPY LABOR DAY No School/Lunch	2 Chicken Strips mashed potatoes, country gravy, veggies, salad, dinner roll, fruit	3 Beef Hamburger Bag of Chips, veggies, Fruit, Salad	4 Pink Sauce Tortellini caprese salad, garlic bread, fruit, salad, veggies	5 A la Carte Lunch: Dominos Pizza, Snack Bar Items, fruit, salad, veggies	6
7	8 Shredded BBQ Chicken Sandwich baked beans salad, carrots, fruit	9 Chicken Nuggets mashed potatoes, country gravy, veggies, salad, dinner roll, fruit	10 Saintsgiving Kickoff! Beef Hamburger Bag of Chips, veggies, Fruit, Salad	11 Grilled Chicken Parmesan Buttered Green Beans Garlic Bread Salad, veggies, fruit	12 A la Carte Lunch: Dominos Pizza, Snack Bar Items, fruit, salad, veggies	13
14	15 Bone Broth Chicken Noodle Soup dinner roll, salad, fruit, veggies, salad	16 Chicken Strips mashed potatoes, country gravy, veggies, salad, dinner roll, fruit	17 Beef Hamburger Bag of Chips, veggies, Fruit, Salad Fall Picture Day!	18 Sloppy Joe Sandwiches chips, fruit, fresh veggies, salad Saintsgiving Celebration!	19 A la Carte Lunch: Dominos Pizza, Snack Bar Items, fruit, salad, veggies	20
21	22 Parent-Teacher conferences No School/Lunch	23 Parent-Teacher conferences No School/Lunch	24 Chick-fil-e DAY! nuggets, sandwich, or market salad, fruit, veggies, salad on side 6th Grade Retreat!	25 Frito Chili Pie: beef chili, corn chips, cheddar cheese sour cream veggies, salad, fruit	26 A la Carte Lunch: Dominos Pizza, Snack Bar Items, fruit, salad, veggies	27
28	29 Nathan's GF All-Beef Chili Dogs bag of chips, fruit, Optional toppings: onions, jalapeños, relish, condiments	30 Chicken Nuggets mashed potatoes, country gravy, veggies, salad, dinner roll, fruit	Deuteronomy 8:3 "Man does not live by bread alone, but by every word that comes from the mouth of the Lord."			



HCA LUNCH | OCTOBER 2025



K: 10:50-11:15 | 1st: 10:55-11:20 | 2nd: 11:00-11:25 | 3rd: 11:25-11:50 | 4th: 11:30-11:55 | 5th: 11:35-12:00
High School: 12:10-12:35 | Middle School: 12:35-1:00 (Wednesdays Only, MS+HS Lunch: 12:10-12:45)








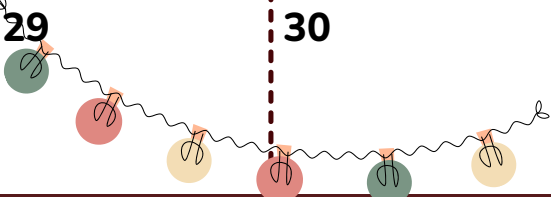

SUN	MON	TUE	WED	THU	FRI	SAT
"For He satisfies the thirsty and fills the hungry with good things." Psalm 107:9		30 Chicken Nuggets mashed potatoes, country gravy, carrot sticks, salad, dinner roll	1 Beef Hamburger Bag of Chips Lettuce/Salad Tomatoes, Pickles, carrots	 2 Chicken & Cheese Enchiladas (gluten-friendly), buttered corn, salad Bring your Bible to School Day	3 A la Carte Lunch: Dominos Pizza, Snack Bar Items, fruit, salad, veggies	4
5	6 Chicken Salad large croissant, carrot sticks, salad, dinner roll	7  nuggets, sandwich, or market salad, fruit, veggies, salad on side Jr/Sr Retreat Off-Campus!	8 Beef Hamburger Bag of Chips Lettuce/Salad Tomatoes, Pickles, carrots	9 Early Release Today!  No Lunch on Campus Grandparents Day	10  Happy Fall Break!	11 
12 	13 	14  Happy Fall Break!	15 Beef Hamburger Bag of Chips Lettuce/Salad Tomatoes, Pickles, carrots	16 Chicken Strips mashed potatoes, country gravy, carrot sticks, salad, dinner roll	17 A la Carte Lunch: Dominos Pizza, Snack Bar Items, fruit, salad, veggies PSAT: Grades 9-11	18
19  Homecoming week!	20 Protein Pancakes Strawberries, Whipped Cream, Sausage, Yogurt, salad, carrots	21 Chicken Nuggets mashed potatoes, country gravy, carrot sticks, salad, dinner roll	22  Picture Retake Day! Class Pictures Day! Beef Hamburger Bag of Chips, salad fruit, carrots	23 Hawaiian BBQ Meatballs, garlic roasted veggies, salad, Hawaiian roll	24  A la Carte Lunch: Pizza Day Homecoming Game!	25  Homecoming week!
26	27 Pink Sauce Tortellini caprese salad, garlic bread, fruit, salad, veggies	28 Chicken Strips mashed potatoes, country gravy, carrot sticks, salad, dinner roll	29 Beef Hamburger Bag of Chips Lettuce/Salad Tomatoes, Pickles, carrots	30 Bean & Cheese Burrito chips + salsa, salad, carrots, fruit  PK-5th Pumpkin Walk	31 A la Carte Lunch: Dominos Pizza, Snack Bar Items, fruit, salad, veggies Harvest Fest!	



HCA LUNCH | DECEMBER 2025



K: 10:50-11:15 | 1st: 10:55-11:20 | 2nd: 11:00-11:25 | 3rd: 11:25-11:50 | 4th: 11:30-11:55 | 5th: 11:35-12:00
High School: 12:10-12:35 | Middle School: 12:35-1:00 (Wednesdays Only, MS+HS Lunch: 12:10-12:45)

SUN	MON	TUE	WED	THU	FRI	SAT
	1  nuggets, sandwich, or market salad, fruit, veggies, salad on side	2 Chicken Strips mashed potatoes, country gravy, veggies, salad, dinner roll, fruit	3 Beef Hamburger Bag of Chips, veggies, Fruit, Salad	4  Spaghetti Bake toasted garlic bread, parmesan cheese, salad, carrots Winter Athletic Pictures	5 A la Carte Lunch: Dominos Pizza, Snack Bar Items, fruit, salad, veggies	6
7	8  nuggets, sandwich, or market salad, fruit, veggies, salad on side	9 Chicken Nuggets mashed potatoes, country gravy, veggies, salad, dinner roll, fruit Xmas Card Day PK-5	10  Beef Hamburger Bag of Chips, veggies, Fruit, Salad Cocoa/Karaoke Carols	11  GF Chicken & Cheese Enchiladas buttered corn, salad, fruit, veggies 1-5 Spelling Bee Showcase	12 A la Carte Lunch: Dominos Pizza, Snack Bar Items, fruit, salad, veggies	13
14	15  nuggets, sandwich, or market salad, fruit, veggies, salad on side	16  Chicken Strips mashed potatoes, country gravy, veggies, salad, dinner roll, fruit Elementary Xmas Program	17  Protein Pancakes Strawberries, Whipped Cream, Sausage, Yogurt, salad, carrots Pre-K Xmas Program HS Home Study Day	18  HBD Jesus Parties A la Carte Lunch: Dominos Pizza, Snack Bar Items, fruit, salad, veggies Secondary Mid-Term Exams/Early Dismissal	19  Happy Christmas Early Release No Lunch	20
21	22  No School/Lunch	23  No School/Lunch	24  No School/Lunch	25  No School/Lunch	26  No School/Lunch	27
28	29  No School/Lunch	30  No School/Lunch	31  No School/Lunch	John 1:14 And the Word became flesh & dwelt among us, & we beheld His glory, the glory as of the only begotten of the Father, full of grace & truth.		



HCA LUNCH | JANUARY 2026



K: 10:50-11:15 | 1st: 10:55-11:20 | 2nd: 11:00-11:25 | 3rd: 11:25-11:50 | 4th: 11:30-11:55 | 5th: 11:35-12:00
High School: 12:10-12:35 | Middle School: 12:35-1:00 (Wednesdays Only, MS+HS Lunch: 12:10-12:45)

SUN	MON	TUE	WED	THU	FRI	SAT
John 1:14 And the Word became flesh & dwelt among us, & we beheld His glory, the glory as of the only begotten of the Father, full of grace & truth.				1		3
Christmas Break No School				Christmas Break No School		
4	5	6 Bring a Lunch from Home! Snack Bar Open	7 Bring a Lunch from Home! Snack Bar Open	8 Bring a Lunch from Home! Snack Bar Open	9 Dominos Cheese Pizza, Pepperoni Pizza, GF Pizza, chips, fruit, salad bar	10
Christmas Break No School				11	12 Rosa's Beef Tacos w/ rice & beans, GF bean & cheese burrito, salad bar	13 Chicken Strips mashed potatoes, roll, salad bar
14	15 Marty B's Hamburger, Cheeseburger, GF burger, fries, fruit, salad bar	16 Subway Ham & Cheese, Turkey & Cheese, GF Ham & Cheese, chips, fruit, salad bar	17 Dominos Cheese Pizza, Pepperoni Pizza, GF Pizza, chips, fruit, salad bar	18	19 MLK Day No School	20 Chick-fil-A nuggets, sandwich, or market salad, fruit, veggies, salad on side
21	22 Marty B's Hamburger, Cheeseburger, GF burger, fries, fruit, salad bar	23 Subway Ham & Cheese, Turkey & Cheese, GF Ham & Cheese, chips, fruit, salad bar	24 Dominos Cheese Pizza, Pepperoni Pizza, GF Pizza, chips, fruit, salad bar	25	26 Rosa's Beef Tacos w/ rice & beans, GF bean & cheese burrito, salad bar	27 Chicken Nuggets mashed potatoes, roll, salad bar
28 Marty B's Hamburger, Cheeseburger, GF burger, fries, fruit, salad bar	29 Subway Ham & Cheese, Turkey & Cheese, GF Ham & Cheese, chips, fruit, salad bar	30 Dominos Cheese Pizza, Pepperoni Pizza, GF Pizza, chips, fruit, salad bar				



HCA LUNCH | FEBRUARY 2026

K: 10:55-11:20 | 1st: 11:00-11:25 | 2nd: 11:05-11:30 | 3rd: 11:30-11:55 | 4th: 11:35-12:00 | 5th: 11:40-12:05

High School: 12:10-12:40 | Middle School: 1:00-1:25

SUN	MON	TUE	WED	THU	FRI	SAT
1 	2 Rosa's Beef Tacos w/ rice & beans, GF bean & cheese burrito, salad bar	3 Chicken Nuggets mashed potatoes, country gravy, carrot sticks, salad, dinner roll 100th Day of School	4 Marty B's Hamburger, Cheeseburger, GF burger, fries, fruit, salad bar	5 Subway Ham & Cheese, Turkey & Cheese, GF Ham & Cheese, chips, fruit, salad bar	6 Dominos Cheese Pizza, Pepperoni Pizza, GF Pizza, chips, fruit, salad bar	7
8 	9 Rosa's Beef Tacos w/ rice & beans, GF bean & cheese burrito, salad bar	10  nuggets, sandwich, or market salad, fruit, veggies, salad on side	11 Marty B's Hamburger, Cheeseburger, GF burger, fries, fruit, salad bar	12 Subway Ham & Cheese, Turkey & Cheese, GF Ham & Cheese, chips, fruit, salad bar	13 Dominos Cheese Pizza, Pepperoni Pizza, GF Pizza, chips, fruit, salad bar Jesus Loves Me Party	14 Happy Valentine's Day 
15	16  HAPPY Presidents Day President's Day No School	17 Chicken Strips mashed potatoes, country gravy, carrot sticks, salad, dinner roll	18 Marty B's Hamburger, Cheeseburger, GF burger, fries, fruit, salad bar	19 Subway Ham & Cheese, Turkey & Cheese, GF Ham & Cheese, chips, fruit, salad bar	20 Dominos Cheese Pizza, Pepperoni Pizza, GF Pizza, chips, fruit, salad bar	21
22	23 Rosa's Beef Tacos w/ rice & beans, GF bean & cheese burrito, salad bar	24  nuggets, sandwich, or market salad, fruit, veggies, salad on side	25 Marty B's Hamburger, Cheeseburger, GF burger, fries, fruit, salad bar	26 Subway Ham & Cheese, Turkey & Cheese, GF Ham & Cheese, chips, fruit, salad bar	27 Dominos Cheese Pizza, Pepperoni Pizza, GF Pizza, chips, fruit, salad bar	28 

“Let all that you do be done in love.”
1 Corinthians 16:14